



**Freedom Nutritional Products Limited**

ABN 41002 814 235

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10 March 2010

Company Announcements Office  
ASX Limited  
Level 4, 20 Bridge Street  
Sydney NSW 2000

**Freedom Nutritional Products Limited (FNP) – Despatch of holding statements**

Freedom Nutritional Products Limited (ASX Code: FNP) advises that, through a private placement, 2,044,682 shares were issued which represents the balance of shares available for Placement under the FNP Entitlements Offer which closed on 4<sup>th</sup> of December 2009. The allotment and quotation of these new Shares, and the despatch of holding statements in relation to those shares, took place today. The total issued capital of the company following allotment is 77,435,382 ordinary shares. A list of the 20 largest holders of this class of security and the percentage held by each is attached.

Ordinary trading of these shares is expected to commence on Thursday 11 March 2010.

Yours faithfully

**Mark Gilio**  
**Company Secretary**

**Freedom Nutritional Products Limited**  
**Fully Paid Ordinary Shares**  
**Top 20 Holdings as at 10-03-2010**

<b>Holder Name</b>	<b>Balance at 10-03-2010</b>	<b>%</b>
ARROVEST PTY LTD	51,164,454	66.074
TELUNAPA PTY LTD <TELUNAPA CAPITAL A/C>	12,750,000	16.465
NATIONAL NOMINEES LIMITED	1,059,903	1.369
EAST COAST RURAL HOLDINGS PTY LIMITED	699,220	0.903
MR PERRY RICHARD GUNNER & MRS FELICITY JANE GUNNER <PERRY GUNNER SUPERFUND A/C>	510,732	0.660
MR STEPHEN FRANCIS HIGGS & MRS ROSEMARY JEAN HIGGS <S F HIGGS FAMILY S/F A/C>	434,615	0.561
MR LAWRENCE LIP & MRS SABINA LIP	308,339	0.398
BERNE NO 132 NOMINEES PTY LTD <80688 A/C>	304,682	0.393
MR TERENCE EDWARD MORRIS	274,910	0.355
MR LAWRENCE ROSE & MRS JENNIFER ROSE <ROSE EXECUTIVE S/F A/C>	259,184	0.335
MR MELVYN MILES & MRS JOANNA MILES <MILES SUPER FUND A/C>	206,667	0.267
AUSTRALIAN FOOD HOLDINGS PTY LIMITED	204,350	0.264
BOUSSAL PTY LTD <JOHNSTON SUPER FUND ACCOUNT>	200,000	0.258
HANCROFT PTY LTD	200,000	0.258
MR ROBERT JOHN PERRY & MRS JENNIFER JOY PERRY	200,000	0.258
ANISAM PTY LIMITED	192,308	0.248
ECONOMIC CONSULTANCY SERVICES PTY LTD <KUMAR ACCOUNT>	192,308	0.248
MOOREBANK PROPERTY MANAGEMENT PTY LTD <K PALONIS PROV FUND A/C>	185,770	0.240
CEBOURN PARTNERS PTY LTD <SEGOVIA INVESTMENT A/C>	182,775	0.236
GOLDACRE INVESTMENTS PTY LTD <GOLDACRE SUPER FUND A/C>	176,194	0.228
<b>Total</b>	<b>69,706,411</b>	<b>90.019</b>
<b>Issued Capital</b>	<b>77,435,382</b>	